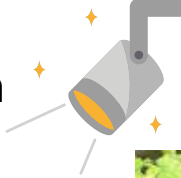


The More You Sow Newsletter

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School Garden Spotlight



Mount Vernon is Newark's most diverse school with over 25 languages spoken by students and staff. The diversity does not stop there, as the Mount Vernon School Garden has grown plants from all over the world. This is just one successful example of a blacktop school garden growing food students can connect to.



Lesson of the Month



Our FoodCorps Service Members work hard to give their students the most fun and engaging lessons in and out the classroom! A fan-favorite lesson this past spring was "Be a Bee", where students stepped into the life of a bee in an engaging activity. Students would pollinate flowers after collecting bee facts from around the garden!



Upcoming Events

8/6- Newark Green Fest @ 12-4pm

8/10- Prince St. Farmer's Market @ 4-7pm

8/13- Family Fun in the Kitchen @ 11am

8/20- Hawthorne Ave Farm Open Volunteer Day @ 9am

8/20- Clinton Hill Farmer's Market @ 11am

8/24- Prince St. Farmer's Market @ 4-7pm



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Garden Resources

Roughly 25% of household waste can be diverted from heading to landfills and instead go right back in our soil. Composting is the process of organic materials breaking down and turning into a valuable soil amendment that will boost the nutrients available to our plants. Composting



comes in a variety of different forms. To read up on more information about backyard composting, click [this link!](#)

Grants

Check out these opportunities to help sustain your existing garden program or to kick start your garden program!

[The Bee Program Grant Program](#)

Buggin' Out

Who doesn't love ladybugs? Besides being a friendly bug, ladybugs are a well-known predator in the garden! Ladybugs will protect our garden by eating garden pests like aphids. They can eat about 30-50 aphids in a single hour! It is very common for gardeners to release lady bugs in garden over using pesticides.



NEWARK HEROES

Some of our local heroes are those who work behind the scenes. Walking into Greater Newark Conservancy, you might believe a team of 20 takes care of all the plants and scenery. Our Facilities Manager, Keith Williams, is the heart and soul of our grounds. He leads a team of 3 during the year, and helps build our college and high school summer interns into formidable leaders in and around the garden.

